



Welcome to Volvo Cross Country Travels. The guide to the most spectacular adventures in Scandinavia.



3

FISHING

39

PARAGLIDING
KÅSEBERGA

40

TIMBER RAFT TRIP
KLARÄLVEN

41

SCRAMBLING
KEBNEKAISE MOUNTAIN

42

WHITEWATER KAYAKING
VÅSTERDALÄLVEN

43

HIKING
OULANKA NATIONAL PARK

44

WHALE SAFARI
ANDENES

45

SUMMER SKIING
STRYN

46

BLOKARTING
RØMØ

47

CANYONING
RØA FALLS

HIKING TOWARDS RUSSIA

Bear's Ring (Karhunkierros) takes you on an exciting and adventuresome hike among wooded mountains in the deserted areas bordering Russia. The tour takes you over suspension bridges, footbridges, bridges and steps. The terrain is beautifully canopied with lichen-covered forests, deep canyons, rapids, waterfalls and vast bogs. There is also exceptionally rich flora due to meadowlands that are flooded every year. One particularly interesting flower is the Calypso orchid. This pink orchid is plentiful and become the symbol of the national park. Other sights worth seeing are Oulanka deep canyon, the red cliffs of the Kiutaköngä waterfall and the notable Rupakiviklippan.

Bear's Ring stretches 80 km and takes four to six days to hike. The trail is not actually a ring. It instead runs north/south, with the main part situated in the national park. Smarter hikers choose a northern direction. This goes with the sun and enhances the nature experience via a more beautifully lit landscape. In addition, the national park is situated at the Arctic circle. This means that the summer nights are so bright that you can hike any time of the day or night. Bear's Ring has several rest and open wilderness huts as well as campgrounds. Since we are in Finland, you will also find public saunas. The trail is extremely popular. We therefore recommend that you bring your own tent during the peak summer period.

Bear's Ring stretches 80 km and takes four to six days to hike. The trail is not actually a ring. It instead runs north/south, with the main part situated in the national park. Smarter hikers choose a northern direction. This goes with the sun and enhances the nature experience via a more beautifully lit landscape. In addition, the national park is situated at the Arctic circle. This means that the summer nights are so bright that you can hike any time of the day or night. Bear's Ring has several rest and open wilderness huts as well as campgrounds. Since we are in Finland, you will also find public saunas. The trail is extremely popular. We therefore recommend that you bring your own tent during the peak summer period.



If you want to hike the entire Bear's Rind, start from the ski lifts in Ruka. If you only want to hike through the national park, start from the village of Juuma (-23 km). The hike ends either at the Ristikallio parking lot (-12 km) or at Hautajärvi Nature Centre. A cafe and grocery store are located at the Oulanka naturum information centre situated halfway along the trail. This significantly lightens your load. To return to your parked car, take Karhunkierros Trail Bus (Karhunkierrosbussin). But, be aware that the schedule is almost as sparse as the surrounding countryside.

Follow RV63 north from Kuusamo to Ruka (25 km) or continue to the turnoff east (8 km) towards Juuma (13 km).

